**AA’S THREE LEGACIES**

The founders of Alcoholics Anonymous have given to each of us three great Legacies: Recovery, Unity, and Service.

Our First Legacy, Recovery, has given us a second chance to find happiness and freedom; to live useful and productive lives.

Our Second Legacy, Unity, has provided us with a fellowship made up of people who share our own common problem; who give us the love and support necessary to maintain our sobriety.

Our Third Legacy, Service offers us the opportunity to implement our primary goal “to carry the message to the alcoholic who still suffers.”

Most important – it is a proven fact – *that those who participate in service have a significantly better chance of remaining sober, than those who do not.*

**WHAT IS DISTRICT 30?**

District 30 is the local arm of the General Service structure; the link between each of our groups and the whole wide world of Alcoholics Anonymous. The United States and Canada are divided into 93 Areas, and each Area – divided into Districts.

The communities of Alta Loma, Chino, Chino Hills, Claremont, Diamond Bar, La Verne, Los Serranos, Montclair, Mount Baldy, Ontario, Phillips Ranch, Pomona, Rancho Cucamonga, San Antonio Heights, San Dimas, and Upland comprise District 30 of the Southern California Area.

Each AA group in District 30 should be represented at the District 30 Meeting, the Area Assembly and the Inter-group Conference by a GSR.

The GSR carries the opinions and conscience of your group to monthly meetings of District 30 and the Southern California Area Assembly. In turn, your GSR should report back to your group about District and Area activities, new AA Literature and programs, possible changes in AA policy under discussion, and new developments in the world of AA.

All GSRs are members of the Southern California Area Assembly (SCAA), and may participate in Assembly discussions and decisions. The SCAA Delegate, chosen from among local GSR, is informed of the conscience of our local groups through the discussion of issues and workshops at the Area Assembly. The combined conscience of all our local groups is then carried by our Delegate to the annual General Service Conference in New York.

**WHAT DOES DISTRICT 30 DO?**

In addition to participation in the Area Assembly, District 30 also coordinates and implements various other activities for the groups in the community which it serves. At monthly meetings, plans are discussed and decisions are made on how to best serve the needs of our local fellowship. All AA members are welcome to attend these meetings.

Some of District 30’s current activities include:

Public Information (PI) and Cooperation with The Professional Community (CPC).

As part of our effort to reach the suffering alcoholic, District 30 is responsible for disseminating information about AA to the general public and to professionals in the fields of Medicine, Religion, Law, Education, and Business as well as anyone who has contact with alcoholics in their work. PL and CPC projects in District 30 including such activities as:

- **Providing** Literature and AA volunteers to public facilities such as Libraries, Schools, Senior Citizen’s Centers, Youth Centers, Churches, Shelters, Health Fairs and other public gathering.
- **Responding** to periodic requests from the community for panels of recovering alcoholics to present the program of AA and to share our experience, strength, and hope at schools and service organizations.
- **Working** with the local media to get AA public service announcements presented to the community.
- **Cooperating** with Public Safety organizations and their affiliates.
- **Providing** information to Human Recourses Departments and Employee Assistance Programs of local businesses.

**Registration of groups with GSO**

District 30 registers new AA groups with The General Service Office (GSO) in New York, and keeps GSO informed of current names and addresses of GSRs and group contacts.

**Annual Workshop**

District 30 sponsors a workshop each year for group officers and GSRs covering aspects of AA service and our program of recovery. Topics of both general and local interests are discussed – all relating to how we may better carry the message to the alcoholic who still suffers.

**“Guardians of The Twelve Steps and The Twelve Traditions”**

Besides carrying the message to currently suffering alcoholics, AA members have a responsibility to see that the AA message remains undiluted for future generations. District 30 helps individual members, groups, or GSRs with information and explanations about the AA Twelve Steps and Twelve Traditions. For example, often a Tradition is ignored or broken simply because of lack of knowledge and understanding of that Tradition. Although there are no authorities in...
AA, it is the responsibility of District 30 to provide good information and appropriate guidance in situations that may occur in our locality.

Education of each AA member (especially the GSR) about AA, is an important part of General Service. The more knowledgeable each AA member is about the history, purpose, and meaning of our Twelve Steps, Twelve Traditions, and Twelve Concepts of Service – the safer is our future and the future of AA.

Grapevine

District 30 provides a Grapevine Representative who can assist groups or individuals in obtaining subscription Information or submitting articles to this important AA publication.

Treatment Facilities Committee (TFC)

District 30 through the TFC, provides a group of sober AA members who contact hospitals and institutions in our area and volunteer to provide temporary sponsors for inmates about to be released – easing the transition into the real world.

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If you would like more information about how you may be of service in Alcoholics Anonymous please contact:

DISTRICT 30
Southern California Area Assembly
Alcoholics Anonymous
Post Office Box 445
Montclair, CA. 91763

OTHER OPPORTUNITIES FOR SERVICE BEYOND THE GROUP LEVEL

Central Office

Central Office policies and practices are established by the inter-group. Each group that wishes to have a voice in the operation of the Central Office should have an active Inter-group Representative (IR). The Central Office also need volunteers to answer telephones, greet visitors, fill literature orders, help with the newsletter, and help keep the office open. District 30 is served by two Central Offices:

The San Gabriel / Pomona Valley Central Office
849 Suite “D” E. Route 66, Glendora, CA 91740
(909)624-2712

The Inland Empire Central Office
Inland Empire Central Office
897 Via Lata, Suite “AA”
Colton, CA 92324 (909)825-4700

Hospital and Institutional Committee (H & I)

The H & I Committee takes regularly scheduled Panels into hospital and institutions where alcoholics are confined and may not be able to attend outside meetings. AA members are always needed for these Panels. No experience, other than sobriety, is needed. District 30 is served by two H & I Committees:

Inter-Valley H & I
502 Club
510 S. 2nd Ave., Covina, CA 91723
(1st Monday of each month @ 6:15pm)

Inland Empire H & I
Redlands Club (behind Mobil Gas station)
1307 Brookside Ave., Redlands, CA 92373
(3rd Sunday each month @ 3:00pm)

Twelve-Step Service Board

The Twelve-Step Service Board is a group which provides a 24-hour answering service for alcoholics in need of help. It’s members respond to those telephone calls with meeting information, personal visits, or an understanding ear. Volunteers to answer telephones are always welcome. Please call: (909)628-4428 or (909)484-7005

All of the activities of District 30 are supported solely by the contributions from local AA groups and by the time volunteered by local AA members.